



Kids Can Kayak Too!

July 15-19 Kayak Camps for ages 7-11

Kayak Camp: Level 1:

9:30-11:30 am, Knight Point State Park

Join us for a week of fun and games while learning the basics of paddling. This camp is designed for children who have never paddled before. We will learn how to feel comfortable and safe on the water. We will learn how to paddle efficiently forward, backward and around as we paddle along the shoreline. Limited to 10

Kayak Camp: Level 2:

1-3 pm * Launching from a variety of sites around the Islands. This class is designed for children who have participated in our level 1 class or who have had paddling experience with level 1 strokes. We will learn more advanced strokes and increase our paddling stamina as we explore shorelines around the Islands. Our focus is on fun and safety. If your child likes to explore and is comfortable paddling, this is the class to choose. Limited to 12

**Kayak Camps are led by John and Berney Skutel
ACA Certified Instructors

Let's Act It Out!

August 5-16, M-F, Ages 8-11, 9-1pm

Directors: Virginia Holiman and Linda Rudin

Calling all creative and energetic kids for the 2nd annual "Let's Act It Out" camp. Join us at Camp Ingalls where participants will select and adapt their own play, develop characters, design and create scenery all in preparation for a culminating performance on Friday of the second week. Whether you prefer to be on stage or off, or maybe just enjoy a unique experience, we have the perfect summer adventure for you with art and acting possibilities galore! Limit 16

Camp Fees

Nature, Preschool Nature, Kayak and Green
Mountain Camp

NH Resident: \$10

Non Resident: \$50, 2nd child \$25

Lat's Act It Out *2 weeks

NH Resident: \$20

Non Resident: \$75, 2nd child \$35

** South Hero residents, contact the South Hero Town Office for scholarship information.

North Hero Parks and Recreation

2019 Summer Camps

Offering Fun and Engaging Summer Experiences for Island Children



Registration Begins March 1, 2019. To register: Go to the North Hero Town website: northherovt.com and choose Recreation. This year we are offering online registration. All fees should be mailed to or dropped off at the North Hero Town Office P.O. Box 38 North Hero, VT 05474

North Hero Youth Assistants

A unique opportunity for young adults to assist in our camps.

Children and Grandchildren of North Hero residents who are in grades 7-12, may apply for our Youth Assistant Program. Youth Assistants are needed in all of our camps. A stipend is provided. To learn how to apply, go to northherovt.com and choose Recreation.



YMCA Swim Program

Knight Point State Park

July 22nd - August 2nd, Ages 3-12

Mondays -Thursdays, 3-5pm,

Beginner to Intermediate

*Preregistration is required by May 31st

YMCA instructors provide 30 minute swim lessons in small groups based on age and ability. The program is held at Knight Point State Park with admission to the park included.

Parents/Guardians must remain with the child for the duration. YMCA swim progress certificates are given out at the end of the program.

**The Burlington YMCA offers financial aid. Applications are available by contacting the Burlington YMCA gbyymca.org or contacting Jess Lukas at 802-652-8143. * \$25 preregistration fee is required while financial aid application is pending.

YMCA Swim Lesson Fees:

NH Residents \$25 Non Resident \$150



FYI: Swim lessons and camps for children and grandchildren of North Hero residents are generously subsidized by North Hero taxpayers. We are grateful. NHP&R

Preschool Nature Camp

August 19,21,23 9 - Noon

Director: Mary Jo McCarthy

Children, ages 3-5, will enjoy the forests and fields at Camp Ingalls. The day will begin with outside play and games in the Longhouse. Learning through guided exploration, children will participate in hikes, stories, music, dance and art. Daily themes will be linked to the above activities. Together we will prepare healthy snacks. Limit 12

Nature Camp

Camp Ingalls, 9-1pm, ages 6-9

July 8-12, Director: Mary Jo McCarthy

This season we will focus on the different habitats at Camp Ingalls and Butternut Hill. We will hike the trails, explore the fields and lakeshore of this unique town park. We will learn about the habitats through hands-on investigations as well as arts and crafts. Campers will record observations in their journals and will play nature and focused team building games. One full day will be spent at the lake. Together we will prepare healthy snacks. Limit 16

North Hero Parks & Rec Volunteers

John Skutel, Chair

Mary Jo McCarthy, School Liaison

Berney Skutel, Camp Coordinator

Rose Arnett, Volunteer

Chip Porter, Treasurer

Carl Cocuzza, Volunteer

Lindsey Stanhope, Volunteer

Green Mountain Heroes Camp

Camp Ingalls, 9-1

July 29- Aug. 2, Ages 10-12

Director: Mary Catherine Graziano

What kind of skills did the Allen family need to know when the Green Mountain Boys were off making history? Campers will have the chance to explore Colonial skills as well as those of the Abenaki. Campers will make a birch bark container, use a minnow trap to catch fish, learn to bake bread, make butter, build a fire, use a compass, build a shelter and more! Campers will explore a whole other way of life while developing confidence and independence through the mastery of new skills. Snacks will be part of the program..eating foods we make! We will have a culminating family celebration on the last day of camp. Limit 16

